



Visit our website [GLAAC-HAT.org](http://GLAAC-HAT.org) for more HAT information.  
 For information & use of Western Area Units  
 Dennis Cline, Editor    Number 265    Jan-Feb 2022    Steve Dodson, Chair

*The TrailHead* is published six times a year by the GLAAC High Adventure Team as an information and educational service to adult Scouters. It is distributed to all registered Scouters and Venture Leaders by GLAAC via link through the council on-line newsletter. Others, who wish to receive a direct electronic copy in PDF format, send your request to [Trailhead@GLAAC-HAT.org](mailto:Trailhead@GLAAC-HAT.org).

The most recent issue of *The TrailHead* is available on the HAT website: [GLAAC-HAT.org](http://GLAAC-HAT.org).

## TRAINING CALENDAR 2022

### 2022

ALBT Field Experience	TBD
HAT Meeting	1 Mar
Scout Leaders Backpack Training	5 Mar
Scout Leaders Field Experience	12-13 Mar
Level I Climbing Instructor CPR & First Aid	18-20 Mar
Wilderness First Aid	TBD
HAT Meeting	26-27 Mar
TrailBoss & California Trails Day	5 Apr
Rock Climbing and Rope Use Seminar	9 Apr
Level II Climbing Instructor	11 Apr
Level II Climbing Instructor Field	16 Apr
HAT Meeting	17 Apr
TrailBoss (Advanced)	3 May
Rock Climbing Field Exp.	7 May

Wilderness Woman	5-8 May
TrailBoss & National Trails Day	21 May
HAT Meeting	4 Jun
TrailBoss (Advanced)	7 Jun
HAT Meeting	3 Sep
Desert Camping & Travel Seminar	6 Sep
Desert Camping & Travel Field Experience	17 Sep
HAT Meeting	TBD
Level I Climbing Instructor CPR & First Aid	4 Oct
Wilderness Woman for Men	14-16 Oct
Wilderness First Aid	TBD
HAT Meeting	24 Oct
Winter Camp & Ice Travel Seminars	29 - 30 Oct
Navigation & Orienteering Seminar	1 Nov
Climbing Instructor Level II	5 Nov
Climbing Instructor Level II	12 Nov
HAT Meeting	19 Nov
HAT Meeting	20 Nov
HAT Meeting	28 Nov
HAT Meeting	6 Dec

Full calendar available at  
<http://glaac-hat.org/>

## HAT WEB SITE/MAIL BAG

You can contact *The Trailhead* at our email address: [Trailhead@GLAAC-HAT.org](mailto:Trailhead@GLAAC-HAT.org). Have an idea for Hike of the month? Have an interesting trail experience to share? A favorite hike or

trail recipe? Share it with your fellow High Adventure leaders.

## HAT MEETING JANUARY

The High Adventure Team meeting was once again a hybrid with Four members at Cushman-Watt and 11 attending via Zoom. Dodson opened the meeting by observing a moment of silence for Sheri Usher, the long-time director of Log Cabin. Reminder to re-register in January. If you are not affiliated with a troop, the fee for members-at-large is \$77.00 There is a new requirement for all registered Scout leaders in California to have additional youth protection training by the end of March. This is in addition to the training already required by Scouting. Reminder – nominations are due for Grand HAM to be awarded at the February ALBT.

**HighLites/WebMaster:** Thorpe has submitted the current HiLites for review and it will be releases shortly.

**Equipment:** Beth Miles reviewed a study showing that backpacking stoves were most efficient when operated at 75% of maximum output.

**Information & Promotion:** Boyt is still working on getting activity information from council. Many troops have cut back on their outdoor activities due to COVID.

**Training:** The February ALBT class information has been posted on line. So far, 8 leaders have signed up. The class will run Feb 25-27. The Scout Leader Class will run March 5. Sign up sheets for Rock & rope and Wilderness Woman have also been posted.

Only one person signed up for the Cross-country Ski class, so it has been cancelled.

All ALBT instructors are reminded to get the latest copies of their charts to Thorpe ASAP.

**Forest & Trail:** Reminder to all. Your 2021 campfire permit has expired. Be sure

to renew before your next trip. The USFS has authorized some limited volunteer work on clearing trails in preparation for the reopening of the Angeles. Check with the Forest Service before planning your outing. As of now, the forest closure order is in effect thru April.

**Awards Store:** Triance reported the store inventory stands at approximately \$1400. The store is currently out of Training Hike Awards. We are also running low on patches from other councils. When these supplies are exhausted, we will not reorder. We are currently seeking bids for the Jim Hawkins Medal.

**Climbing:** Dodson completed the inventory of the climbing kits. Several helmets and harnesses have reached their expiration dates and will be retired and replaced. The ropes still need to be inspected. Units using the climbing kits are reminded that you MUST document whenever a rope absorbs a fall.

### **Districts:**

**PIO PICO** conducted their hybrid Roundtable with 16 attending via Zoom. The district dinner and camporee are both in the planning stages with dates TBD. > is planning their Spring Camporee for April 17-19. May 2020. **PACIFICA** had a good turnout. Reps distributed High Adventure flyers. **SAN GABRIEL VALLEY** did a review with 15 units in attendance as to how Roundtable should focus their attention and what areas need support.

## HAT MEETING FEBRUARY

The February 1 HAT meeting was once again a hybrid setup. Sixteen attended in one form or another. Dodson opened the meeting with a review of AB 306, the law that requires volunteers who work with youth to complete a 2-hour training session, be fingerprinted, and provide proof of completion to the council. The deadline for completing this training is

March. There is a link to the required training on the council website.

**WebMaster.** Thorpe has researched the implementation of AB 306 and said some of the Livescan requirements for fingerprinting may cost upwards of \$100. Be sure to check before committing to a specific course of action.

The website owns 3 different domain names. We should release the ones we are not using. Our mail server has just be upgraded. All users need to check their accounts and verify proper operation. reported that our website host has made several changes to the server forcing updates to our website. Email and calendar have been updated.

**Equipment.** Beth showed a toothpaste alternative called Bun Paste. It costs about 8 cents a pill and is more convenient for trail use than regular paste.

**Literature & Pubs.** All will need to be updated when Hannibol takes over as our new High Adventure Liaison.

**Training.** The Wilderness Woman and Wilderness First Aid class flyers are ready to be posted on line.

The Ice Axe Class field experience was held with 3 students. Dodson reported minimum snow at Manker Flats but enough to get in a good workout.

The ALBT schedule for February is set. As of now, there are 28 students signed up. We still need an instructor for Leave No Trace. If we remain at 28 students, should we go with one group or two? The LA County mask mandate is still in effect but may change by the time class convenes.

The Navigation Class ran at Firestone with seven students. Early reports indicate they were able to find their way through the weeds.

Casillas has agreed to take over the Cross-Country Ski Class. As of now, there are no sign-ups. Behenna has assigned back-up instructors for most classes. The schedule has been published with 3 Field

Experience Leaders. Some minor changes have been incorporated into the schedule, including adding *Leave No Trace* back in and shortening *Local Opportunities*.

As of now, there are no sign-ups for the new *Lead Scout Training Class*.

The March First Aid class has 20 students signed up so far and will go as scheduled.

With the ALBT coming up in a few weeks, we need to address the perceived need for two classes. Members are asked to review the rosters to see where we can best focus our assets.

**Forest & Conservation.** We have received reports of Forest Service crews repairing trails in the Angeles burn area but as of now, no Scout units have been authorized to enter the forest.

Climbing. The Level II Class was held at Stoney Point with 4 new students and 9 students for recertification. Three students were from Northern California. Dodson will schedule the next recertification TBD. The Rock & Rope Class will be held the 3<sup>rd</sup> weekend in May.

**Awards Store.** Triance reports that we are averaging 2 sales per week through on-line orders. Training Hike patches are the big seller and need to be reordered. The Grand Canyon Council has discontinued their awards program. We do not have any of their awards in stock and we will not be adding any surplus they may offer. Mission Statement. The committee presented the updated draft of the proposed Mission Statement. Boyt suggested the statement include a plan to track activities.

Cubs. The Cub High Adventure Award this month is the Conservation Award sponsored by Orange County. Details and requirements will be distributed at Roundtables.

**DISTRICTS: Pacifica.** Roundtable has been moved to the second WEDNESDAY at the Redondo Beach Elks Club. **Pio Pico.**

January RT was a hybrid event with 14 leaders attending in person and 21 via Zoom. The district dinner was held January 22. The Spring Camporee is scheduled for April 26. **Rosebowl** reported several leaders attended the last Navigation Training. **San Gabriel Valley** had 20 leaders in attendance for a treatise on *Scoutbook*. There was also a separate breakout session for leaders of girl troops.

We are hosting the next Area IV Intercouncil meeting on Saturday March 7 at Cushman Watt. All HAT members are invited to attend. We will survey the area HAT teams and determine if the meeting will be in person or virtual.



### Pita Pockets

Many areas of the local forests are still under fire restrictions and may remain that way for the foreseeable future. We will continue our sampling of no-cook meals which will work for either lunch or dinner.

When planning our trail lunches (or dinners), we like to stick with the simple. Unfortunately, this often results in dull, cardboard like meals. Here are a few suggestions for weekend trips that allow you to add some fresh ingredients to your pack.

Each meal serves 4.

#### Albacore! Baltimore!

- 4 Whole Pitas
- 8 Oz. Tuna (Can or foil pack)
- 4 Stalks Fresh Celery, chop'd
- 4 Tbls Minced Onion
- 8 Individual Pkts Mayonnaise

Cut the pitas in half, mix the remaining ingredients. Serve in pita pockets. If you can stand it, you can replace the homemade tuna salad with its pasty canned or foil-packed alternative.

#### This-Ain't-The-Waldorf Salad

- 4 Whole Pitas
- 2 Fresh apples or 8 oz dried/reconstituted apples, chopped
- 8 Oz. Shelled walnuts
- 8 Individual Pkts Mayonnaise
- 3 Stalks Fresh Celery, Chop'd

Simple Waldorf Salad served in a pita pocket. Mayonnaise packets contain about 1/3 oz each.

#### SPAM & Say Cheese!

- 4 Whole Pitas
- 8 Oz. SPAM or Lunch Meat
- 8 Cheddar Cheese
- 8 Individual Pkts of spicy mustard or Taco Sauce

Directions: Figure it out!

### UNIVERSITY OF SCOUTING



The University of Scouting has been cancelled for this year. A combination of factors have made it impossible to hold the popular event. The council is looking for a new Chair for the event.

**PATCH OF THE MONTH**  
**SIERRA SOUTH**



SIZE: 3"x4"

The Angeles National Forest is still closed for Hiking and camping, so this month we will head north and see what we can find in the Sierras.

The Sierra South patch was designed to not only give your unit a number of options, but to assist in your planning as well. You'll plan for your trip to cover 25 backpack hours over a minimum of 5 days and 4 nights. A layover day is also recommended. This award requires pre-approval.

The award was designed to be used in conjunction with the book *Sierra South* by Winnett and Winnett, 1980 edition. Since then, the book has been updated several times and the covered area has expanded. The latest edition of *Sierra South* by Wenk & White (9<sup>th</sup>) is available from Amazon and REI.

The Sierra South patch is for a long-term hike, but the reference book includes 80 hikes of 2-11 days covering anywhere from 5 to 114 miles.

The Sierra South award covers Sequoia/Kings Canyon, the Golden Trout and portions of the John Muir, Kaiser, and Golden Trout Wilderness areas.

Complete information is available at:

<http://glaac-hat.org/Awards.html#BACKPACKING>

Now is a good time to start planning your summer long-term hike and although it's a pretty long drive for a weekend, some good opportunities for some weekend shakedown hikes as well.

**HIKE OF THE MONTH**  
**Dinky Lakes**

Location: Dinkey Lakes Wilderness  
Trailhead: Dinkey Lakes Trailhead  
Total Mileage: 8.5  
Elevation Gain: 1200'  
Campsites: Wilderness (LNT)  
Map: USGS Topographic  
Dogtooth Peak 7.5 min.

For navigating the Forest Service roads to the trailhead, you may want to add USGS Shaver Lake, Dinkey Creek, and Huntington Lake.

... And speaking of Sierra South ...

It is 270 miles (about 5 hours) to the trailhead so we are going to set out a day early. Drive North on I-5 over the grapevine and then take CA-99 north 60 miles to the Clovis Ave exit. Continue north through the city of Clovis to CA-168. Follow 168 to Shaver Lake. There are several campgrounds in the area, all of which require advance reservations. You can also try for the Shaver Lake Hotel. They have 2 no-frills bunkhouses that each sleep 4. Camp overnight at Dinkey Lakes campground or one of several in the area.

In the morning, from the campground, head west on Dinkey Creek road to Rock Creek road. Say goodbye to pavement and follow Rock Creek Rd (9S9) for about 6 miles to Forest Service road 9S10. It's marked but you don't want to miss this turn. Follow 9S10 to a sharp right turn on

9S62, which ends in the parking lot for the Dinkey Lakes Trailhead at 8600 ft.

Allow 45 minutes to an hour to cover the 16 miles from civilization.

The trail starts out Northeast and after about a mile and a half and 200' gain, you will come to a trail junction for Mystery Lake. Stay on the main trail for another mile and a half and you come to First Dinkey Lake at 9239'. It's probably swampy here so keep going another mile to Second Dinkey at 9600'. There are lots of good camping spots along the north shore.

If you're fishing, I'd try Island Lake or Fingerbowl Lake first.

Looking to the south, you see the mountain profile that gave Three Sisters its name. At 10,619, Three Sisters is a 'C' Peak and makes a good day hike. To the southeast is Dogtooth Peak. Dogtooth is not on the Peak-Bagger list and is not recommended for Scouts. It is a rugged and unfriendly spire from which experienced hikers have been rescued in the past.

Stay at Second Dinkey for a second night or for a change of scenery; choose from any of 6 lakes within a mile. You could make this a one-night trip but once you get here, I guarantee you'll want to stay an extra night.

If you stayed two nights at Second Dinkey, retrace your route out. Another option is to backtrack about a half mile to the South Lake Trail. Follow the trail west along the North shores of South and Swede Lakes. Pass Mystery Lake and you're back at the trail junction you passed two days ago.

Continue back to the trailhead and head for the town of Shaver Lake. Stop in at Shaver Coffee and Deli for ice cream or if you are really hungry, head up the street to the Hungry Hut for the best grilled hamburger in the western Sierra.

## **GIANT SEQUOIAS IN DANGER?**

Last September, lightning-caused fires ravaged Sequoia National Park, destroying thousands of the ancient monoliths. Firefighting crews wrapped the iconic General Sherman tree, among others to protect them from the intense heat.

As a result of this devastating loss, Gov. Newsome signed SB332 into law. The law adds legal protections for those involved in 'controlled burns' a procedure designed to eliminate more serious fire hazards. The law protects property owners and public agencies who use controlled burn to lessen the hazards of forest fires.

Six fires in six years (2015-2021) have burned 85% of all giant sequoias. How many of these trees have survived is yet to be determined. Current estimates range between 7,500 and 10,600 of the giant Sequoias killed.

Giant Sequoias actually require the heat from fire to open pine cones and release seeds. The September fires, however, damages the crowns of the trees beyond their ability to recover.

Fire suppression tactics have been in place for approximately 100 years. The approach has been to knock down forest fires as quickly and as thoroughly as possible. This has resulted in the excessive growth and accumulation of fuel on the forest floor, resulting in more intense fires. Years of drought have exacerbated these dry conditions, turning forest floors into tinder boxes.

The bill was passed on the heels of AB642 which requires the state fire marshal to develop a prescribed fire training center and tasks the state Department of Forestry and Fire Protection to appoint a burning liaison to coordinate controlled burns among all agencies.

We hope it's not too little, too late.

## **B. S. A. Climbing Level 1 Spring 2022**

PURPOSE: Provide training for people who are interested in teaching Scouts how to climb and rappel at the Unit, District or Council level This group might include those interested in becoming Climbing Merit Badge Counselors, Camp Staff and Scouters. ***Scouters who work with troops and teach climbing are required to be Qualified Instructors prior to teaching any climbing & rappelling activities.***

DATE: Friday evening, Saturday and Sunday, 18 - 20 March, 2022

TIME: 8:00 p m Friday through 5:00 p m Sunday

LOCATION: Hubert Eaton Scout Reservation,  
30500 Deep Creek Camp Rd. Lake Arrowhead

COST: \$125.00 (Textbook, meals and camping fees included)

REGISTRATION: **Online registration** with check, paypal or credit card is available at <http://glaac9hat.org/register> by March 4, 2022. For help with registration contact Hannibal Sullivan, Community Engagement Coordinator (SR) and Advisor at (213) 413-4400 or email [Hannibal.Sullivan@scouting.org](mailto:Hannibal.Sullivan@scouting.org)

EQUIPMENT: Climbing gear will be provided by the Directors; ropes, anchors, carabineers, etc. You will be sleeping indoors in a troop lodge and will need to provide your own sleeping bag or linens as well as your regular gear for a weekend outing.

OVERVIEW: This course is very intense and will work into the late hours of the night We will cover current National Policies associated with all climbing & rappelling activities, at the Unit, Council and District levels, as outlined in the pamphlet entitled 'Climb on Safely' and the National Camp accreditation Program. This course will be conducted over a weekend starting Friday night.n Meals will be provided Saturday and Sunday, but please bring take out or have dinner before you arrive Friday night.

### REQUIREMENTS

- Current registration with #o& Scouts of \$merica
- 18 Years old
- Current successful completion of BSA's Youth Protection Guidelines training
- Current BSA Annual Health and Medical Record
- Completed the online [Climb on Safel& Training](#)

MAXIMUM SIZE: 12 students, minimum of 4 students.

QUESTIONS: Contact Steve Dodson Cell: (818) 967-1323 email: [sedodson@roadrunner.com](mailto:sedodson@roadrunner.com)

BSA Level I Climbing Instructor qualification Certification is good for 1 year upon successful completion of this class Help keep climbing & rappelling as part of Scouting activities by becoming a qualified BSA Climbing instructor for your Unit, District, or Council

A copy of *Belay On* will be given to each participant [Hike Aid 3](#), Full Dimension High Adventure Training has a complete discussion of the training programs of the GLAAC-HAT & can be downloaded from the Council High Adventure website at <http://glaac-hat.org/HikeAids.html>. Questions about any of them are to be directed to Michael Schlaifer, Vice Chair!training: (213)247-8808 (C); e-mail, [michael@schlaifer.com](mailto:michael@schlaifer.com).

## **Wilderness and Remote First Aid Spring 2022**

**PURPOSE:** Extend Scout Leaders knowledge of First Aid to those situations where professional response may not be immediately available. This training is geared towards Adult Scout Leaders and those Scout parents going to a Scout High Adventure Base activity or Scout wilderness activity.

**DATE:** Saturday and Sunday 26 & 27 March 2022

**TIME:** 8:00 a.m. to 4:00 p.m. each day

**LOCATION:** Cushman-Watt Service Center, 2333 Scout Way, Los Angeles

**COST:** \$80.00 for Wilderness First Aid and CPR/AED. Cost includes a CD with all printed material on it.

**REGISTRATION:** Online registration with check, paypal or credit card is available at <http://glaachat.org/register>. For help with registration contact Hannibal Sullivan, Community Engagement Coordinator (SR) and Advisor at (213) 413-4400 or email [Hannibal.Sullivan@scouting.org](mailto:Hannibal.Sullivan@scouting.org)

**EQUIPMENT:** None needed.

**MEALS:** All meals are the responsibility of the participants. Time will be allotted to go out or you can bring your own snacks, lunch and refreshments.

**OVERVIEW:** CPR/AED class includes printed materials as well as AED demonstration Using an AED trainer and use of CPR manikins. Successful completion of the Course earns a certification valid for two years.

**REQUIREMENTS:** For Wilderness and Remote First Aid Certification, current certification in Adult CPR & AED which will be taught at the beginning of the class. For First Aid Basics – have knowledge of Tenderfoot, Second Class & First Class First Aid skills, and completion of the online trainings in Weather Hazards, Safe Swim Defense and Safety Afloat.

**INSTRUCTORS:** Rick Reeley and Dave Rolandelli

**QUESTIONS:** Rick Reeley course instructor at [reeley@troop849.org](mailto:reeley@troop849.org)

A CD with all printed material on it will be given to each participant.

Hike Aid 3, “Full Dimension High Adventure Training”, has a complete discussion of the training programs of the GLAAC-HAT. It may be downloaded from the Council High Adventure website at <http://glaac-hat.org/HikeAids.html>. Questions about any of them are to be directed to Michael Schlaifer; Vice Chair Training: (213)247-8808 (C); e-mail: [michael@schlaifer.com](mailto:michael@schlaifer.com) .

## Rock Climbing and Rope Use/Rescue Training - 2022

- PURPOSE:** · Introduce the adult Scouter to the BSA climbing program and to the specialized skills and techniques of basic rock climbing and rope use/rescue.
- Teach the eight points of the BSA's Climb On Safely procedure.
  - Discuss the opportunities and requirements for being trained as a BSA qualified climbing instructor.
- DATE:** Monday 11 April 2022  
Weekend trip 15 through 17 May 2020 led by the GLAAC-HAT
- TIME:** 7:00 p.m. to about 10:00 p.m.
- LOCATION:** Seminar: Cushman-Watt Service Center, Los Angeles  
Location of Weekend Outing: Joshua Tree National Park.
- COST:** \$40.00 for the training. There is also a \$25 per vehicle entry fee at the National Park.
- REGISTRATION:** **Online registration** with check, paypal or credit card is available at <http://glaachat.org/register> by 25 March 2022. For help with registration contact Hannibal Sullivan, Community Engagement Coordinator (SR) and Advisor at (213) 413-4400 or email [Hannibal.Sullivan@scouting.org](mailto:Hannibal.Sullivan@scouting.org)

**EQUIPMENT:** You will need to purchase specialized safety equipment that will be described during the seminar. GLAAC-HAT provides the climbing ropes and other gear.

**OVERVIEW:** During the seminar:

- Instruction in the use of rope and other gear for climbing
- Training in knots and hitches used for climbing.

During the weekend outing:

- Ground school to teach and practice the climbing, belaying and rappelling techniques
- Climb and rappel using the techniques and equipment.
- Execute a simulated rescue of an injured climber.

**REQUIREMENTS:** You will be responsible for your own Annual Health and Medical Record (parts A, B, and C).

**QUESTIONS:** Contact Steve Dodson Cell: (818) 967-1323 email: [sedodson1@roadrunner.com](mailto:sedodson1@roadrunner.com).

Your High Adventure Team staff includes BSA qualified climbing instructors who have years of experience.

Knowledge of safe and effective climbing practices can open this exhilarating activity to you and your Scouts.

A syllabus that covers the materials discussed will be given to each participant.

Hike Aid 3, "Full Dimension High Adventure Training", has a complete discussion of the training programs of the GLAAC-HAT. It may be downloaded from the Council High Adventure website at <http://glaachat.org/HikeAids.html>. Questions about any of them are to be directed to Michael Schlaifer; Vice Chair Training: (213)247-8808 (C); e-mail, [michael@schlaifer.com](mailto:michael@schlaifer.com).