

High Adventure Program Literature and Communication



H
I
K
E

A
I
D

2

Offered by the
HIGH ADVENTURE TEAM
Greater Los Angeles Area Council
Boy Scouts of America

The High Adventure Team of the Greater Los Angeles Area Council-Boy Scouts of America is a volunteer group of Scouters which operates under the direction of GLAAC-Camping Services. Its mission is to develop and promote outdoor activities within the Council and by its many Units. It conducts training programs, sponsors High Adventure awards, publishes specialized literature such as Hike Aids and The Trail Head and promotes participation in summer camp, in High Adventure activities such as backpacking, peak climbing, and conservation, and in other Council programs.

Anyone who is interested in the GLAAC-HAT and its many activities is encouraged to direct an inquiry to the GLAAC-Camping Services or visit our web site at <http://glaac-hat.org/>. The GLAAC-HAT meets on the evening of the first Tuesday of each month at 7:30 pm in the GLAAC Service Center, 2333 Scout Way, Los Angeles, CA 90026. These meetings are open to all Scouters.



Published by the
 HIGH ADVENTURE TEAM
 of the
 Greater Los Angeles Area Council
 Boy Scouts of America
 2333 Scout Way
 Los Angeles, CA 90026

REVISIONS

February 2016	Maintenance release	Tom Thorpe
June 2014	General revision. Incorporated Program Announcements 30 and 31.	Steve Dodson Tom Thorpe
February 2014	Maintenance release updating the Program Announcement list and contact information for the <u>HAT HiLites</u> and <u>The Trail Head</u> .	Tom Thorpe
June 2005	This Hike Aid revises the edition dated January, 2002, to identify new <u>Hike Aids</u> and <u>Program Announcements</u> , plus other minor changes.	Lyle Whited
Original	Prepared by Lyle Whited and composed by John Hainey	

High Adventure Program Literature

The Greater Los Angeles Area Council-High Adventure Team (GLAAC-HAT) prepares specialized literature as a means of achieving its mission of developing and promoting outdoor activities. Of paramount importance to this effort is providing the Unit Leadership with materials that bridge the gap between BSA-National Council and commercially available literature about outdoor programs and the local conditions, opportunities, and regulations, as they apply to areas visited by our Units. This may be done by selecting and condensing materials from these sources and editing them into a brochure appropriate to this particular location. Or, it may be by preparing a specialized brochure which covers a specific feature of outdoor activity in greater depth and with emphasis on the local area. The goal of the GLAAC-HAT is to meet the needs of Unit Leadership for current information which it can use to build a High Adventure Program.

Literature published by the GLAAC-HAT includes Hike Aids, Program Announcements, Training Flyers, and Training Syllabuses. In addition, two periodicals are published, The Trail Head, and HAT HiLites. Each item has a specific purpose to the mission of the GLAAC-HAT. This Hike Aid is your introduction to this literature.

Hike Aids

These brochures provide both basic information about High Adventure outdoor activities, and specific information about the GLAAC-HAT and its various programs. They supplement books and other literature which are available from other sources by adding the framework of Scouting and local outdoor conditions. They also complement the Training Syllabuses used in GLAAC-HAT training programs.

0. Hike Aids

This is a cover and index for this material.

1. This Is Your High Adventure Team

This Hike Aid discusses the organization and mission of the High Adventure Team and its relationship to the Greater Los Angeles Area Council. It contains its "Procedures and Practices" and a statement of duties of the Chair, Vice-Chairs, and District Representatives. Its purpose is to inform the Unit Leadership of the role of the GLAAC-HAT and of how it can help the Unit bring High Adventure into its outdoor program.

2. High Adventure Program Literature and Communication

This Hike Aid is your introduction to the specialized literature of the GLAAC-HAT along with the GLAAC-HAT communication program.

3. Full Dimension High Adventure Training

This Hike Aid describes the many training programs that are offered for adults and Scouts by the GLAAC-HAT. Completion of Adult Leaders Backpack Training is required of the adult leadership of a Unit for its members to earn GLAAC sponsored long-term backpacking awards. Adults who complete the prescribed set of programs are recognized as High Adventure Leaders.

4. High Adventure Procedures and Guidelines

Learn the basics of planning and taking a High Adventure outing. This Hike Aid leads you through the process, planning, and paperwork. Unit Leadership will use it to learn the

fundamentals of a High Adventure Program and as a reference guide for doing outdoor activities.

5. High Adventure Backpacking Program

“And away you go.” This tells you where, what and how. It highlights the more important features of a backpacking program and, as appropriate, adds a Scouting perspective. The address and telephone number for the administrative agencies for most of the public lands in Southern California are included.

6. High Adventure Awards Program

The GLAAC-HAT sponsors forty plus backpacking, peak climbing, conservation, and special awards. This Hike Aid provides the Unit Leadership with information about the nature and purpose of each award and the requirements for earning it.

7. Forest and Trail Conservation

This Hike Aid challenges the Unit Leadership to make conservation work an on-going part of its outdoor program. It provides information on how to become involved in this GLAAC-HAT sponsored program, and what is expected of the Unit. The many outdoor awards to be earned are discussed and their requirements are listed. It is the guide for Unit participation in this important community service program.

8. Scouts Own

This Hike Aid suggests religious activities that are suitable for the Unit’s outdoor program. These are non-denominational in nature, with the intent of evoking a sense of reverence in an outdoor setting.

9. Risk, Health, and Safety

Everything that we do involves elements of uncertainty, if not risk. The health, safety, and enjoyment of the participants in a High Adventure Program are dependent upon the Unit Leadership’s understanding of these conditions. This Hike Aid identifies many of the sources of risk and specifies the actions that are to be taken to avoid them.

10. A Parent’s Guide to High Adventure

A guide for the parent who’s son is entering a Unit with a High Adventure Program. Clothing and equipment are discussed, both in terms of what is needed and places where it might be acquired. The parent’s responsibilities to talk with the boy about risk, conduct and manners, and personal safety on outings are presented. The importance of the parent’s awareness and participation in the program is stressed.

11. Bicycling to High Adventure

Why not? Changes in bicycles in the last 20 years have been just as dramatic as those for hiking and camping equipment. Cyclists can now seek High Adventure on many of the same trails that are used by backpackers. Let this Hike Aid be your guide to getting started.

12. More Backpacking Ideas

A collection of papers, with over half about backpacking techniques and concerns. The purpose of this Hike Aid is to provide ideas and information for the Unit Leader who is looking to extend the scope of its High Adventure Program.

13. The Rae Lakes Loop

A trail guide to a very scenic and popular High Sierra route. It was initially prepared by the

Trails and Awards Committee in 1967. A day-by-day narrative about the route and its features is the main component. Also included are general comments about the Sierras, a Trail Profile/Trail Schedule, and a map.

14. Aquatics in High Adventure

Lots of good materials on this subject are available, including several by the BSA-National Council that the Unit with an aquatics program must have. This Hike Aid ties it all together at the local level. It covers types of activities, where to go, where to get instruction and equipment, guide services, etc. Sample plans for a weekend canoe trip on the Lower Colorado River and a long-term outing in the Boundary Waters Canoe Area Wilderness are included.

15. Long-term Trekking

Over 60 years ago, members of Units in the LAAC inaugurated long-term backpacking with a trek from Big Pines to Chantry Flats. The Silver Moccasins Trail Award was initiated to recognize those who completed that strenuous journey – the first of the now numerous long-term trek awards. This Hike Aid identifies and discusses the differences and additional requirements of long-term versus weekend backpacking trips. Basic information about other GLAAC and local Councils' awards is also provided.

16. Peak Bagging – Program and Awards

Among the awards that were established in the 1960's by the Trails and Awards Committee, predecessor to the High Adventure Team, were the two programs for peak bagging. The objective of these programs was to promote peak climbing as an integral part of the Unit's High Adventure program, to draw Scouts further into the wilderness and to its highest points. That remains the objective today, and the popularity of these awards attests to the wisdom of the Trails and Awards Committee. This Hike Aid identifies and discusses some of the unique requirements and concerns to engaging in peak bagging.

All Hike Aids can be found on the GLAAC-HAT web site.

Program Announcements

These flyers provide detailed information about specific GLAAC-HAT sponsored activities and awards, both on-going and special or limited duration. They may be stand-alone or provide additional detail and background to material to be found in a Hike Aid or other publication. Some Program Announcements publish new programs and will remain in publication until incorporated into the appropriate Hike Aid.

When a Program Announcement is prepared or revised it is distributed at District Roundtable. All of the latest Program Announcements can be found on the GLAAC-HAT web site.

Training Flyers

These one-page documents contain the information about each of the training sessions of the GLAAC-HAT. This includes a brief description of the training, its date, location, and registration fee. The bottom third is a detachable registration form, to be submitted to GLAAC-Camping Services along with any fee. A hard copy of the Training Flyer is usually distributed 6-8 weeks before the training event by the District Representatives at Roundtable. It will be also be included in The Trail Head and HAT HiLites

All Training Flyers can be found on the GLAAC-HAT web site.

Training Syllabuses

Each one contains the materials used in a training program conducted by the GLAAC-HAT. Their purpose is to provide the participant with documentation of the essential points covered in that training. They may be supplemented by Hike Aids which provide a more detailed discussion of these points. Each syllabus is, typically, reviewed prior to the training seminar and revised as appropriate. They are provided free to the participants.

The Trail Head

The bi-monthly newsletter of the GLAAC-HAT. It contains information about its meetings, activities, and programs. Each issue has several articles related to High Adventure, with emphasis on local conditions, opportunities, etc. It is distributed via an e-mail service and the latest issue is also posted on the GLAAC-HAT web site.

HAT HiLites

A companion flyer to The Trail Head, begun in 1995 and issued monthly, providing a one-page summary of upcoming events and activities related to outdoor programs. It is distributed via an e-mail service and the latest issue is also posted on the GLAAC-HAT web site.

High Adventure Program Communication

The Communications Program of the GLAAC-High Adventure Team involves three elements: people, paper, and the Internet. GLAAC-HAT several years ago examined how it was providing information to Unit leaders. The purpose was to determine what actions might be taken to improve its timeliness and to reach more Units within the Council. One of the results of this review is the e-mail messaging service, which should help with both of these matters. Providing the information on a timely basis to Unit Leaders is a top priority of the GLAAC-HAT. Suggestions as to how this may be improved are always appreciated.

District Representatives

These persons are our most important communications media. They are expected to attend both District and GLAAC-HAT meetings and provide a two-way communication link for both groups. They will have information about upcoming High Adventure activities and events in which the Unit or its leaders can participate. They are a source of ideas and assistance about conducting an outdoor program. Get to know your District Representative.

Web Site

A variety of materials about the activities of the GLAAC-HAT are to be found on its web site, <http://glaac-hat.org/>. They include amongst other things, a calendar of events, all of the literature, and the most recent issues of The Trail Head and HAT HiLites,

E-Mail Messaging Service

Persons who sign up for this service will be sent only materials specific to High Adventure and to the activities of the GLAAC-HAT. The service is structured to be one way. Participants in this service can expect to receive The Trail Head and HAT HiLites. You can enroll in this service by contacting your District Representative or by e-mail to subscribe@glaac-hat.org. Just say, "Count me in" in the subject box. Please provide your name, Council, Unit number, and which publication(s) you'd like to receive. This information will be used by the GLAAC-HAT only to assess the reach and effectiveness of this service. Your e-mail address will not be used for any other purpose or shared with anyone else. At any time, you may ask to be removed by sending an e-mail to the same address with the message, "Unsubscribe" in the subject box.

Persons receiving materials via e-mail may print or forward them to others who might benefit. However, the GLAAC-HAT e-mail address is not to be used for any purpose other than that stated above. Your e-mail address will be used in a way that will keep anyone from extracting it from the general group e-mailing. The GLAAC-HAT e-mail address and yours will be the only address visible to you. Should you need to contact the GLAAC-HAT by e-mail, you may send to the GLAAC-HAT address and your message will be forwarded to the correct person.



A Basic Reference Library

Carline, Jan D., et al., Mountaineering First Aid, A Guide to Response and First Aid Care, The Mountaineers Books, Seattle, WA, 2004.

Kjellstrom, Bjorn, Be Expert with Map and Compass, The Orienting Handbook, Charles Scribner's and Sons, New York, NY, 1994.

Manning, Harvey, Backpacking, One Step at a Time, Random House, New York, NY, 1985.

Robinson, John W., San Bernardino Mountain Trails, Wilderness Press., Berkeley, CA, 1999.

Robinson, John W., Trails of the Angeles, Wilderness Press, Berkeley CA, 2003.

Stermer, Dugald, Atlas of the Biodiversity of California, California Department of Fish and Game, Sacramento, CA 2003.

Viehman, John, Trailside's Trail Food, Rodale Press, Emmaus, PA, 1993.

Fieldbook, Boy Scouts of America, Irving TX.

Guide to Safe Scouting, Boy Scouts of America, Irving, TX.

Hike Aids, GLAAC-High Adventure Team, Los Angeles, CA.

Knots and How to Tie Them, Boy Scouts of America, Irving, TX.

Trek Aids (Bob Niderost - editor), San Diego-Imperial Council-High Adventure Team, San Diego, CA.

An extensive bibliography of books and magazines that are applicable to a Unit's High Adventure Program is included in the Training Syllabus for Adult Leaders Backpack Training. Specialized bibliographies are to be found in most Syllabuses for the other training seminars conducted by the GLAAC-HAT.

"...knowledge that doesn't lead to new questions quickly dies out. It fails to maintain the temperature for sustaining life. This is why I value that little phrase, 'I don't know', so highly. It's small, but it flies on mighty wings."

Wisława Szymbalska
Polish Poet Nobel Laureate, 1996.



MOUNTAINS

*Some hear the mountains and couldn't care less.
Some see the mountains and turn away in fear.
Some sense the power of mountains and begin to climb.
And then there are those who, having climbed the mountains,
invite and inspire others to do the same.*

Father Ron Meyer, OMT
Philmont Training Center