

Winter Camping and Travel Training 2019

- PURPOSE:** Acquaint the adult Scouter with an understanding of the winter environment and to emphasize those backpacking skills which are necessary to ensure a safe and enjoyable experience.
- DATE:** Seminar: Saturday 2 November 2019
Weekend trip: 8 – 9 February 2020.
- TIME:** 8:00 a.m. to about 6:00 p.m. (45 minute lunch break)
- LOCATION:** Seminar: Cushman-Watt Service Center, Los Angeles
Weekend Outing: Mt. San Jacinto
- COST:** \$25.00
- REGISTRATION:** **Online registration** with check, paypal or credit card is available at <http://glaac-hat.org/register> by 18 October 2019. You will be sent a confirmation, or a notice of cancellation if there are fewer than 5 sign-ups by that date. For help with registration contact Danette at the Smiser Scout Service Center, (626)351-8815 X241 or e-mail: danette.verdugo@scouting.org
- EQUIPMENT:** Paper and pencil, and lunch for seminar.
Each Scouter is responsible for obtaining the clothing, equipment, and food for the weekend trip including snow shoes for the weekend outing.
- OVERVIEW:** The seminar is conducted as a series of presentations and demonstrations. The emphasis is on preparing for, and dealing with, a mountainous winter environment, be it rain, cold, snow, or some combination. Sessions cover: the physical demands of winter conditions; snow travel hazards & equipment needs; health & safety; navigation and route finding; menus; food & water needs; and personal clothing & equipment. The desirability of having a “Plan B” and the necessity of providing for unexpected changes in the weather or trail conditions are explained. Participants are invited to attend the Snow and Ice Travel seminar that follows it (see the separate training bulletin).
The weekend field trip provides the opportunity to demonstrate the specific skills taught in the seminar in a winter environment. It will be a backpack in Mt. San Jacinto State Park of about 5 miles, round trip, from 8,600 to 10,000 feet. Snowshoes will be worn while backpacking.
- REQUIREMENTS:** Completion of Adult Leader Backpack Training is highly recommended.
Annual Health and Medical Record (parts A, B, and C).
- MAXIMUM SIZE:** None
- QUESTIONS:** Dennis Cline, Course Director, at (310) 792-0544; e-mail: jdcline49@msn.com



Winter brings a special stillness to the local mountains. The year-round camper knows that the pests of summer – insects, most animals, other people – have gone to ground for the season. While the snowy peaks may appear close and inviting, that same camper knows that the weather and trail conditions require special preparation, skills, and equipment.

A syllabus that covers the materials discussed will be given to each participant.

Hike Aid 3, “Full Dimension High Adventure Training”, has a complete discussion of the training programs of the GLAAC-HAT. It may be downloaded from the Council High Adventure website at <http://glaac-hat.org/HikeAids.html>. Questions about any of them are to be directed to Michael Schlaifer; Vice Chair Training: (213)247-8808 (C); e-mail, michael@schlaifer.com.