

Cross Country Skiing and Snow Shoeing Seminar – 2019

- PURPOSE:** Learn firsthand about the special equipment, gear and techniques needed for safe cross country skiing and snow shoeing.
- DATE:** Seminar: Monday 7 January 2019
Ski Outing: Saturday 12 January 2019
Snow Shoe Outing: 26 January 2019
- TIME:** 7:30 p.m. to 10:00 p.m.
- LOCATION:** Cushman-Watt Scout Service Center.
- COST:** \$10.00 by 28 December 2018. If fewer than five signups are made prior to that date a cancellation notice will be sent. Otherwise a confirmation will be sent after that date. Each participant is responsible for the rental of skis and other equipment.
- REGISTRATION:** Online registration with check, paypal or credit card is available at <http://glaac-hat.org/register>. For help with registration contact Danette at the Smiser Scout Service Center, (626)351-8815 X241 or e-mail: danette.verdugo@scouting.org
- QUESTIONS:** Russ Bower, Course Director, at (310) 480-0612 e-mail, rbowe78771@aol.com



If you are the kind of hiker who would like to take extended trips during winter months, you should try cross country skiing or snow shoeing. Enjoy the challenge of high country winter travel with confidence. Learn firsthand knowledge of safety and techniques. This will allow you to expand your “places to go” during the snow season.

The program will include demonstrations and discussions covering the special equipment and gear needed. A syllabus that covers the materials discussed will be given to each participant.

Completion of this training is recognized by the award of two special patches.

Hike Aid 3, “Full Dimension High Adventure Training”, has a complete discussion of the training programs of the GLAAC-HAT. It may be downloaded from the Council High Adventure website at <http://glaac-hat.org/HikeAids.html>. Questions about any of them are to be directed to Michael Schlaifer: Vice Chair-Training: (213)247-8808 (C); e-mail, michael@schlaifer.com.